

I.M.B.A. TRAIL DIFFICULTY RATINGS

Easy ●

More Difficult ■

Very Difficult ◆

Extremely Difficult ◆◆

SUGGESTED MOUNTAIN BIKING ROUTES

All routes start at the Outdoor Pool.

- Valley View Trail; 2.5 miles ●
- Valley View Trail to Raven Rock Trail to Cohosh Trail, to Raven Rock Trail back to Valley View Trail; 4 miles ■
- Raven Rock Trail to Wilson Ridge Connector Trail to Big Hollow Trail to Trillium Ridge Trail to Broken Antler Trail to Big Hollow Trail back to Raven Rock Trail; 7.25 miles ◆
- Valley View Trail to Raven Rock Trail to Trillium Ridge Trail to Summit Trail to Falling Waters Trail back up Summit Trail to Trillium Ridge Trail to Broken Antler Trail to Big Hollow Trail to Raven Rock back to Valley View Trail; 12.5 miles ◆◆

SUGGESTED HIKING ROUTES

- Trillium Ridge Trail from trail head on Jackson Ridge to picnic area and back; 2.5 miles ●
- Valley View Trail 2.5 miles ●
- Broken Antler Trail from trail head on Sugar Creek Hollow to Turkey Hollow trail back to trail head; 2 miles ■
- Summit Trail from trail head on Dogwood Trail to Falling Waters Trail back to trail head; 1.75 miles ■
- Raven Rock Trail; 4.5 miles ◆
- From the Outdoor Pool, Valley View Trail to Raven Rock Trail to Trillium Ridge Trail to Broken Antler Trail to Turkey Hollow Trail to Broken Antler Trail to Big Hollow Trail to Raven Rock Trail to Valley View Trail back to the Outdoor Pool; 10 miles ◆

COMMON FLORA AND FAUNA OF THE AREA

FLORA

Trees: White Oak, American Sycamore, Norway Spruce, White Pine

Wild Flowers: Painted Trillium, Blood Root, Easter Columbine

Shrubs: Wild Blueberry, Wild Huckleberry, Service Berry, Flame Azalea

FAUNA

Birds: Red Tailed Hawk, Scarlet Tanager, Black Capped Chickadee

Mammals: White Tailed Deer, Otter, Black Bear, Grey Fox

Amphibians: Wood Frog, Bull Frog, Spotted Salamander, Northern Red-Backed Salamander

UNIQUE ENVIRONMENTS OF THE AREA

SHALE BARRENS

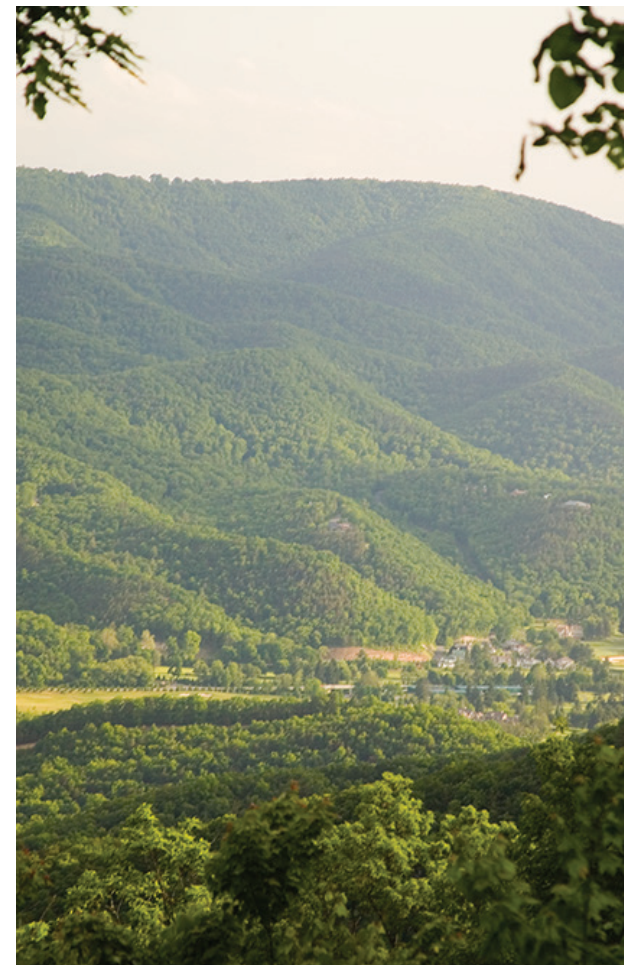
Shale barrens are extremely dry areas of forest found along the spine of west facing ridge tops. These areas are extremely dry and rocky. This harsh environment has created a large number of endemic species found only on these barrens. Plants like Kate's Mountain Clover and Shale Barren Onion were first discovered here on the shale barrens of The Greenbrier.

300 WEST MAIN STREET

WHITE SULPHUR SPRINGS, WEST VIRGINIA 24986

800-624-6070 · GREENBRIER.COM

Mountain biking, hiking and all other outdoor activities for which this map may be used are inherently dangerous. These activities entail known and unknown risks. These risks may include but are not limited to slips, falls and falling to the ground, falling down steep hills and trails, pinches, scrapes, twists, jolts, equipment failure, wet/slippery footing conditions, and the negligence or willful misconduct of visitors, participants, yourself or other persons who may be present. During these activities, there may be contact with plants, animals, insects, persons participating in other activities that could create hazards such as stings, allergies, and associated injuries and diseases. Trails are also used by other bikers and horseback riders which can create additional hazards. Understand such risks simply cannot be eliminated without jeopardizing the essential qualities of these activities. You are responsible for monitoring your personal fitness and ability, do not hike or mountain bike outside of your abilities. Trail conditions may change at any time without notice due to construction, weather, nature and or acts of God. Your participation in these activities is purely voluntary in spite of the known and unknown risks. The Greenbrier, The Greenbrier Sporting Club and The Greenbrier Outfitters are not and cannot be held responsible for any injuries you suffer when using our trail system.



Guide to the HIKING AND MOUNTAIN BIKING TRAILS

The
Greenbrier
AMERICA'S RESORT

THE
Greenbrier
SINCE 1778
SPORTING
CLUB®

In case of an

EMERGENCY,

please dial

304-536-7827

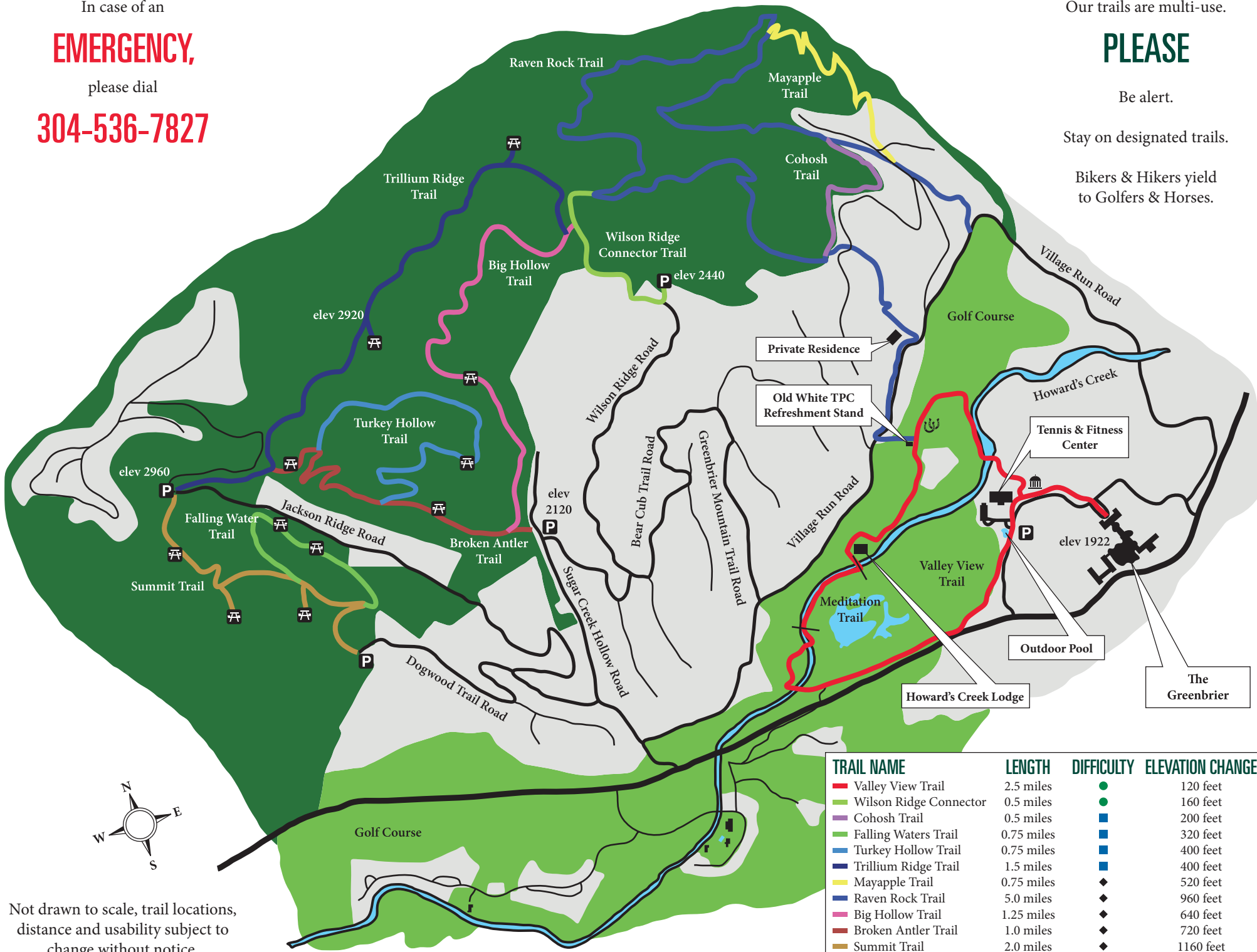
Our trails are multi-use.

PLEASE

Be alert.

Stay on designated trails.

Bikers & Hikers yield to Golfers & Horses.



Not drawn to scale, trail locations, distance and usability subject to change without notice.

TRAIL NAME	LENGTH	DIFFICULTY	ELEVATION CHANGE
Valley View Trail	2.5 miles	●	120 feet
Wilson Ridge Connector	0.5 miles	●	160 feet
Cohosh Trail	0.5 miles	■	200 feet
Falling Waters Trail	0.75 miles	■	320 feet
Turkey Hollow Trail	0.75 miles	■	400 feet
Trillium Ridge Trail	1.5 miles	■	400 feet
Mayapple Trail	0.75 miles	◆	520 feet
Raven Rock Trail	5.0 miles	◆	960 feet
Big Hollow Trail	1.25 miles	◆	640 feet
Broken Antler Trail	1.0 miles	◆	720 feet
Summit Trail	2.0 miles	◆	1160 feet