The Greenbrier Spa has long been one of the resort’s most popular amenities. For nearly 250 years, guests have been attracted to The Greenbrier’s sulphur springs and the natural benefits of the mineral waters remain at the heart of The Greenbrier Spa experience.

With a focus on hydrotherapy and the use of mineral-based products indigenous to the area, The Greenbrier Spa provides both relaxing and therapeutic treatments. With today’s finest products and equipment, meticulous attention to detail and the hospitality and service for which the resort has always been known, the Spa focuses on revitalization and relaxation.
Important Spa Information

Scheduling Appointments
We strongly recommend that you reserve your Spa appointments at the time of booking your hotel reservation. When scheduling your appointments, please mention if you have a strong preference for the gender of your provider. We will make every effort to honor your request, based on staff availability. Call 866-311-4163 to make a reservation or dial 7745 inside the resort.

Age Requirements
In order to experience any body treatments, massages or hydrotherapy, we require our guests to be a minimum of 16 years old. Younger guests (6-15) are welcome to enjoy our Next Generation facial and nail services. All guests under the age of 16 must be accompanied by an adult in the Relaxation Area. The Greenbrier Concierge is available to assist with child care for those younger than 6 years of age. Our Spa Team is not able to assist with in-Spa childcare.

Arrival to the Spa
To maximize your experience, please arrive 20 to 30 minutes prior to your first scheduled appointment. Take that time to relax and enjoy your surroundings. Late arrivals will not receive an extension of scheduled treatments, and the same treatment price will apply. It is suggested that you have a light meal or snack prior to most Spa services.

Medical Concerns
We encourage you to disclose to your therapist any pertinent health conditions that may affect your Spa experience. For individuals expecting, we require a doctor’s authorization prior to massage and body services.

Spa Attire
Complimentary use of robes, slippers and lockers is provided for all Spa guests during their time at the Spa. Our treatment staff is professionally trained in proper draping to ensure your modesty is never compromised.

Steam and Sauna
Use of the steam and sauna facilities is complimentary with your Spa service on the day of your service. The Greenbrier Spa offers a steam room, sauna and lounge area that are gender specific. Daily access passes may be purchased. This does not include hydrotherapy services.
Important Spa Information

Refreshments
We offer assorted fruit, snacks, juice, water and peach tea for your enjoyment in the Spa. Food is available from the In-Room Dining menu to be delivered to and consumed in the Indoor Pool area.

Alcohol & Spa Services
For safety reasons, alcohol is not served in our Spa. We do not recommend consumption of alcohol before or after any spa/salon service. The Spa reserves the right to reschedule or cancel services for those who appear to be intoxicated.

Considerations
In order to preserve our peaceful and tranquil atmosphere, we ask that you leave all electronic devices in the provided locker. We are a smoke-free environment.

Gratuities
For your convenience, a 20% service charge will be added to all Spa services.

Facility Tours
To ensure the privacy of our guests, we would be delighted to give you a tour of our facility prior to opening or upon conclusion of services daily. Tours must be arranged in advance. Please call (855) 453-4858, option 5, extension 7745 or Email (spa_reservations@greenbrier.com) for spa appointments.

Cancellation Notice
A 24-hour notice is requested to avoid charges for cancelled services. Packages are non-refundable.

Spa Boutique
Now you can re-create your Spa experience right at home. Upon completion of your treatment, our Spa Therapists will share with you information on the products used. Many of these products are available for purchase at our Spa Boutique.

*All services are subject to 6% WV State Sales Tax, 9.75% Historic Preservation Fund & 20% Service Charge.

Please call (855) 453-4858, option 5, extension 7745 or Email (spa_reservations@greenbrier.com) for spa appointments.
Little Princess Services

Your little princess will be delighted with our Princess Grace Services designed for children 12 years of age and younger.

<table>
<thead>
<tr>
<th>Service</th>
<th>Price</th>
</tr>
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<tbody>
<tr>
<td>Haircut</td>
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<tr>
<td>Blow-Dry &amp; Styling</td>
<td>$65</td>
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<tr>
<td>Up-Do</td>
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<td>Little Princess Mini Makeup</td>
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<tr>
<td>Up-Do &amp; Mini Makeup</td>
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<tr>
<td>Mini-Mani Polish</td>
<td>$30</td>
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</tbody>
</table>

To make your appointment, please call 304.536.7789.

All services are subject to 6% WV State Sales Tax, 9.75% Historic Preservation Fund & 20% Service Charge.
The Greenbrier Treatment
Experience The Greenbrier Spa in the truest sense of the word. This treatment begins with a soak in the famous healing waters of our White Sulphur Springs, followed by a few moments in our Swiss Shower and Scotch Spray. This will break up toxins and cellular blockage, which will prepare your body for either a 25-minute or 50-minute Swedish massage that is a spectacular finale to this luxurious treatment.

- 50 minutes | $280 (with 25-minute massage)
- 80 minutes | $345 (with 50-minute massage)
- 110 minutes | $440 (with 80-minute massage)

Wei to Wellness
Enjoy an aromatic journey with this exotic flower essence treatment from Lotus Wei (pronounced way). In this all-in-one treatment, flower remedies are used to help balance the mind, body and spirit. Begin with a 25-minute soak in our famous Greenbrier sulphur water infused with nurturing and centering botanicals chosen specifically for your current needs. Enjoy a 50- or 80-minute massage using luscious organic oils to help enhance love, happiness, inspiration and peace. All products used in this treatment are also anti-aging and anti-cellulite to help you on your Wei to Wellness.

- 80 minutes | $360 (with 50-minute massage)
- 110 minutes | $450 (with 80-minute massage)

The Detoxifying Kur
Embark on a journey to a healthier you! This treatment removes impurities and toxins from your body and relaxes the mind. Begin with a detoxifying bath followed by our Swiss Shower and Scotch Spray. Afterwards, find yourself cocooned in a self-heating oceanic algae wrap applied to the body to continue the detoxification process. Enjoy a relaxing scalp massage and a lotion application to complete the treatment. Be sure to rehydrate following this service.

- 80 Minutes | $310 (with 50-minute wrap)

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Please call (855) 453-4858, option 5, extension 7745 or Email (spa_reservations@greenbrier.com) for spa appointments.

A Greenbrier Specialty
Signature Services

Rejuvenation Kur
Everyday living takes its toll on our bodies, and this treatment makes it possible to reclaim much-needed serenity and energy. Start your experience with a soak in our mineral water, followed by an application of our firming and toning wrap. You will be enveloped from head to toe while enjoying a luxurious scalp massage. An anti-aging lotion application leaves your skin soft and supple, ready for another day.

80 Minutes | $310 (with 50-minute wrap)

The Mint Julep Body Bliss
Enjoy the Spa version of The Greenbrier’s own Mint Julep. Begin by surrendering to our healing sulphur water, followed by a luxurious brown sugar scrub – utilizing our vichy showers; giving you the sensation of lying in a soft rain. This treatment concludes with a relaxing petite massage with a hydrating mint body lotion.

80 Minutes | $305

Reflex Trio
This service begins with a tranquil sulphur bath and continues in the treatment room, where the focus is on the pressure points of the head, hands and feet. Warm stones are used to warm the hands and feet in order to make the points more accessible.

50 Minutes | $260

Golfer’s Game Saver
If you have an active lifestyle, this treatment is for you! Begin with a soak in the famous Greenbrier sulphur water, followed by the Swiss Shower and Scotch Spray. A concentrated massage targeted to your back, neck, shoulders and arms follows. Heat packs may be used for better muscle therapy.

50 minutes | $260

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Please call (855) 453-4858, option 5, extension 7745 or Email (spa_reservations@greenbrier.com) for spa appointments.
Color Services

Color Finish not included

Single Process Color ........................ $1

Corrective Color .......................... starting at $200 (per hour)

Foil Partial Head ............................... $1.95

Foil Full Head ................................. $2.75

Extra Applications ............................ $35 (per application)

Balayage Half Head ........................... starting at $1.95

Balayage Full Head ............................ starting at $2.75

Includes complimentary glass of champagne or wine during service

Eyelash & Makeup Services

Makeup Application .......................... ........................................................... $1.15

Air Brush Makeup ............................... ........................................................... $1.30

Eyelash Strip Application .......................... $2.50 with makeup

.................................................. $40 without makeup

To make your appointment, please call 304.536.7789.

All services are subject to 6% WV State Sales Tax, 9.75% Historic Preservation Fund & 20% Service Charge.
Hydrotherapy

The Greenbrier Sulphur Soak
For nearly 250 years, travelers have come to White Sulphur Springs to “take the waters,” the heart and soul of The Greenbrier Spa experience. Immerse yourself in a relaxing soak in a still water tub in your own private soaking room. This soak will ease tired muscles and minimize aches and pains, while stimulating the circulatory system.

25 minutes | $110

Waterworks
Experience the Sulphur Soak followed by the Swiss Shower and Scotch Spray, which will increase circulation and stimulate the body. It can be a standalone service or a great prelude to your next treatment!

25 Minutes | $125

Mineral Mountain Bath
Bask in the rejuvenating waters of West Virginia’s own Alvon Springs. The high concentration of minerals is perfect for soothing tired, sore muscles, while helping to rebalance your body’s natural minerals and rehydrate your skin. It’s a Greenbrier Spa essential!

25 Minutes | $110

Detoxifying Bath
Purify your body and relax your soul with our detoxifying bath. This treatment is designed to boost your metabolism, while draining excess fluid and toxins from your system. Be sure to rehydrate following this service.

25 Minutes | $110

Fruit & Cream Bath
Filled with skin-loving indulgences, these little sachets infuse the Alvon spring water bath with a divine blend of pure silk, real fruit and creamy coconut milk. It’s a fabulous way to let the stresses drift away.

25 Minutes | $110

*A Greenbrier Specialty

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Please call (855) 453-4858, option 5, extension 7745 or Email (spa_reservations@greenbrier.com) for spa appointments.
Blowout Bar
THE GREENBRIER
Includes shampoo and traditional round brush blowout.
Smooth finish with body – $80

THE SPRINGHOUSE
Includes shampoo and blowout for volume, finished with curls.
Wand or curling iron – $95

THE WINDSOR
Includes shampoo and traditional blowout.
For extensions – $110
Add curl – ext. $20

THE JUSTICE
Includes shampoo and traditional blowout.
Pulled into a sleek ponytail – $80

THE DOROTHY D RAPER
Includes shampoo and traditional blowout.
Finished with curling iron set or roller set – $80

*Extra charge for long hair – $20

Includes complimentary glass of champagne or wine during service.

To make your appointment, please call 304.536.7789.

All services are subject to 6% WV State Sales Tax, 9.75% Historic Preservation Fund & 20% Service Charge.
Body Fusions

Sweet Tea Simplicity
Step back with us into a simpler time, when the relaxed tradition of afternoon tea was an everyday activity. Your journey begins with a soak in our famous sulphur water. You will then be whisked into softness with our sweet tea sugar polish, infused with notes of ginger and peach. This treatment concludes with a shea butter body massage, leaving you with peaceful memories of summertime in the south.

80 Minutes | $305

Rejuvenation Wrap
Find the new you (or the old you) with our very own rejuvenation wrap! Begin your getaway with a dry body brushing technique used to open the pores and stimulate the lymphatic system. You will then be enveloped in a toning wrap to help awaken the skin, while you receive a relaxing scalp massage. As a finishing touch, your skin will be soft and supple following the application of an anti-aging lotion.

50 minutes | $255

Springhouse Sugar Scrub
Scrub away your cares and soften your skin with this amazing body scrub. A luxurious bath is followed by a lavish body scrub, using organic cane sugar enveloped in a creamy blend of exotic and aromatic shea butter. The service concludes with a relaxing Vichy shower that will leave your skin polished and enriched.

50 Minutes | $235

Detoxifying Wrap
Revitalize your skin and body with this fantastic treatment. Begin with dry body brushing to open the pores and stimulate the lymphatic system. Then prepare for the detoxification process. A self-heating oceanic algae is applied to continue drawing out impurities. A relaxing scalp massage and a lotion application are the finishing touches.

50 minutes | $255

Body Bronzing Treatment
Treat yourself to that Hollywood glow with our Eco-Cert spray tan, used on the sets of your favorite television shows. Get that straight from the beach look any time of year with this quick drying natural looking tan suitable for all skin types.

20 minutes
Full Body Spray Tan | $95
Shimmer/ Instant Bronze Tan | $95

Bora Bora Body Polish with Spray Tan
Extend the life of your tan with our Bora Bora citrus body polish, lotion application and Eco-Cert spray tan. This exfoliating and hydrating body treatment will prepare the skin to ensure even application and prolong the life of your tan. This service is highly recommended for the first tanning treatment.

50 Minutes | $220
**Massage**

**Greenbrier Swedish Massage**
Surrender to the luxury of a full-body massage designed specifically for relaxation. This massage is known for stimulating circulation, reducing stress and purifying the lymphatic system. This massage is a wonderful way to escape!

- 50 minutes | $255
- 80 minutes | $345

**Therapeutic Massage**
This massage is designed for those with more than relaxation in mind. Whether preparing muscles for a specific activity or addressing stress and tension from overuse, the active stretching and slow deep strokes used in this massage are a must. Specific problem areas may be addressed.

- 50 minutes | $285
- 80 minutes | $365

**Mountain Hot Stone Massage**
Heated, smooth basalt stones incorporated into this unique massage treatment facilitate the balancing of the energy centers in the body and encourage muscle relaxation.

- 50 minutes | $265
- 80 minutes | $350

**Aromatherapy Massage**
Allow yourself to let go and surrender to the calming aromas of specific flower essences that are chosen just for you, by you. In our Aromatherapy massage, you will choose from various pictures that will pinpoint what your body is needing that day. The Therapist will then use these oils during a soothing 50-minute or 80-minute Swedish massage. All oils used are organic and age defying. This treatment will leave you calm, relaxed and ready for your next adventure.

- 50 Minutes | $280
- 80 Minutes | $365

**Couples Massage**
Whether with a loved one or your best friend, enjoy a 50-minute or 80-minute Swedish or Therapeutic Massage side-by-side in our couple’s room. You and your partner will ease away the tension and stress of the day together while still receiving the individual attention your body needs. Hot Stone Massage and Aroma Therapy Massage are not available in this treatment.

- 50 minutes | $550
- 80 minutes | $710

**Back, Neck & Shoulder or Petite Massage**
A good way to relieve stress and tension from our busy lives. This quick service addresses the issues caused by computer and cell phone use, and relieves the tension you CAN live without!

- 25 minutes | $175

**Ayurvedic Head Massage**
Utilizing frankincense aromatherapy and an ancient healing ritual, this head massage will transport you to a more peaceful state of mind. An increase in oxygen and circulation are the benefits of this experience.

- 25 Minutes | $150

**Integrated Reflexology**
This is not your everyday foot massage! Pressure points of the feet, which correspond to specific areas of the body, are stimulated for increased relaxation and circulation. Traditional massage techniques are also integrated to create an exceptionally relaxing treatment.

- 25 Minutes | $150
SKIN TREATMENTS

Dermapen® (Microneedling)
Skin needling therapy to improve aged and sagging skin; fine lines and wrinkles; vertical lip lines; enlarged pores; stretch marks; scars caused from acne, surgeries, and burns; alopecia; and more.
$350 per session

Dermaplaning®
A method of exfoliation that consists of using a scalpel to gently scrape off the top layer of dulling dead skin cells in order to reveal a smoother, brighter complexion. Removes “peach fuzz” on the face
$125

Enzyme Mask
A gentle exfoliation of dead skin cells on the face, resulting in a smooth, radiant appearance.
$75

Medical-Grade Chemical Peel
Chemical solution removing damaged skin layers from the face to improve facial blemishes, fine wrinkles, and uneven skin pigmentation.
Starting at $175

Medical-Grade Microdermabrasion
Noninvasive, non-chemical skin resurfacing technique reducing fine lines, age spots, and light acne scars. A spray of micro-crystals or baking soda gently removes the outermost layer of dry skin cells to reveal younger, healthier looking skin.
$150

Nano-needling
An effective, pain-free cosmetic treatment to reduce fine lines, acne scars, and enlarged pores by improving the overall skin tone and texture and stimulating the production of collagen.
$225

PRESCRIPTIVE SKINCARE PRODUCTS

Obagi Medical Skin Line Products
Mother To Be Services

Treat yourself to one of our services specifically for the “mother to be.” In order to receive these services, you must be at least in your 14th week of pregnancy and present a Doctor’s release prior to the service.

Prenatal Massage
Designed with the mother to be in mind, this 50-minute massage embodies specific techniques that are centered around the comfort of expectant mothers in their second and third trimesters, as well as the safety of both mother and baby. Light to medium pressure will be used during this service, assisting with relieving tension, muscle pain, and stress. Please inform us of your due date at time of reservation.

50 minutes | $255

The Greenbrier Sulphur Soak 🛀
For nearly 250 years, travelers have come to White Sulphur Springs to “take the waters,” the heart and soul of The Greenbrier Spa experience. Immerse yourself in a relaxing soak in a still water tub in your own private soaking room; this soak will ease tired muscles and minimize aches and pains while stimulating the circulatory system.

25 minutes | $110

Ayurvedic Head Massage
Utilizing frankincense aromatherapy and an ancient healing ritual, this head massage will transport you to a more peaceful state of mind. An increase in oxygen and blood supply are the benefits of this experience.

25 Minutes | $150

Greenbrier Radiance Custom Facial
Allow our skin care experts to choose the products suited for your skin during this 50-minute service. Deep cleansing, light exfoliating and hydrating are the basics with extractions and extra attention where needed to purify and rejuvenate your skin.

50 Minutes | $255

Greenbrier Signature Manicure and Pedicure Experience
Pamper yourself! This service is much more than a traditional manicure or pedicure. Your hands and feet will receive the attention they deserve! Normal nail maintenance and polish application are included. It will be the most relaxing 50 minutes of your day!

Manicure | 50 minutes | $95    Pedicure | 50 minutes | $115
BODY TREATMENTS

CoolSculpting®
Eliminate stubborn fat that resists diet and exercise. FDA approved, non-surgical CoolSculpting® safely delivers precisely controlled cooling to gently and effectively target fat cells. Long term results with no downtime.

Price Quoted Following Consultation

LASER TREATMENTS

Enhanced Skin Rejuvenation
IPL (intense pulse lighting vascular skin reguvinative) to correct skin irregularities and encourage new collagen growth without damaging or removing skin.

Prices Quoted Following Consultation

Hair Reduction
Aggressive laser service to achieve permanent and effective reduction of most hair colors on all skin types.

Prices Vary

Sublative Skin Rejuvenation
Radio frequency sublative treatment to restore the skin’s beauty by promoting skin tightening to treat moderate to severe wrinkles, red and brown spots, and textural irregularities.

$700 per session

INJECTABLES

BOTOX COSMETIC ®
Only BOTOX® Cosmetic is FDA-approved to temporarily make moderate to severe frown lines, crow’s feet, and forehead lines look better in adults.

$15 ~ per unit

JUVÉDERM ® (JUVÉDERM ® ULTRA PLUS, VOLLURE, VOLBELLA)
Injectable gel that restores skin volume and corrects moderate to severe facial wrinkles and folds

Starting at $700 ~ 1 st syringe

JUVÉDERM VOLUMA ® XC
Injectable gel that instantly adds volume and restores contour to the cheeks to provide a more youthful profile.

Starting at $900 ~ 1 st syringe

KYBELLA ®
The first and only FDA-approved injection to contour and improve the appearance of submental fullness, also referred to as “double chin”

Starting at $350 per syringe
Facials

**Pinnacle Facial**
Our ultimate relaxing, anti-aging treatment will leave you wondering if you had a facial or a facelift. Customized for your skin type, this deep-cleansing facial lifts, hydrates and revives your tired skin for a more youthful and refined appearance. Cutting edge technology, combined with a plant stem cell serum and replenishing mask will soothe and hydrate your face, while a warm stone arm massage soothes your soul. The grand finale — a firming mask and lip plumper — will leave you feeling, and looking, your best.

80 minutes | $400

**Obagi MD Facial**
Experience the new Skintrinsiq by Obagi. This device uses state-of-the-art technology, blue and red light therapy, infused with the highest grade ingredients of the Obagi’s skincare products, to combat an array of skin concerns. The new skincare device features four treatments — Antioxidant Facial, Brightening Facial, Clarifying Facial and Firming Facial — to promote deep skin cleansing and collagen stimulation on the face and neck with no downtime.

50 minutes | $330
80 minutes | $430

**Cellular Repair Facial**
This facial utilizes a patented process of four powerful anti-aging peptides that reduce deep wrinkles and fine lines. The double exfoliation process used in this facial deeply cleanses while improving the overall texture and radiance of the skin. The active ingredients in our Enzyme Lifting Mask will firm and tighten your skin.

50 minutes | $280

**Greenbrier Radiance Custom Facial**
Allow our skin care experts to choose the products suited for your skin during this 50-minute service. Deep cleansing, light exfoliating and hydrating are the basics with extractions and extra attention where needed to purify and rejuvenate your skin.

50 Minutes | $255

**Men’s Facial**
Finally, a facial designed using products to specifically address the skin of a real man. Gentle cleansing and exfoliation prepare the skin for a hydrating mask and soothing facial massage. Relax and be rejuvenated in one indulgent treatment.

50 Minutes | $240

**Obagi Blue Peel RADIANCE**
This offers a unique blend of acids to provide a gentle but effective peel, resulting in brighter, tighter-looking skin immediately just after one use with little or no downtime. We recommend 24-48 hours of no retinol. Follow with using Obagi Nu-Derm Skincare. We recommend using Obagi Sun Shield Mineral Broad Spectrum SFP50 after any treatment.

|  | $120 |

**Firming Mask**
Add an enzyme-lifting mask to your 50-minute facial. This mask gives noticeable lift to the skin, also minimizing fine lines.

20 minutes | $80

A Greenbrier Specialty
To make your appointment, please call 855.419.3400
Hand & Foot Treatments

The Greenbrier Spa offers manicures and pedicures like no other. We use a vegan polish which nourishes nails while adding strength and shine.

Greenbrier Signature Manicure and Pedicure Experience
Pamper yourself! This service is much more than a traditional manicure or pedicure. Your hands and feet will receive the attention they deserve in the tranquility of The Spa! Normal nail maintenance and polish application are included. It will be the most relaxing 50 minutes of your day.

- Manicure | 50 minutes | $95
- Pedicure | 50 minutes | $115

The Ultimate Greenbrier Pedicure
This is a pedicure one must experience to believe! Your choice of a heated or cool stone leg massage makes this service a personalized treatment you will not soon forget. Imagine a wonderfully relaxing pedicure made even greater by the stone massage and paraffin application. Normal nail maintenance and polish application are included.

- 80 minutes | $150

Nails For Males Experience
A full-service manicure or pedicure is available to address the unique needs of a man’s hands and feet. The products used in this treatment alleviate dryness and discomfort, while warm paraffin provides ultra-softening and smoothness. This service includes a buff and shine of the nails for a perfect finish.

- Manicure | 50 minutes | $90
- Pedicure | 50 minutes | $110

French Finish
French Finish may be added to any nail service. Additional service time is required.

- 20 minutes | $35

Gel Polish or Shellac Polish Removal
We will be happy to remove previously applied gel or shellac nail polish. Nails must be soaked to remove all traces prior to receiving a manicure or pedicure. Additional time is required.

- 25 minutes | $35

*All services are subject to 6% WV State Sales Tax, 9.75% Historic Preservation Fund & 20% Service Charge.

Please call (855) 453-4858, option 5, extension 7745 or Email (spa_reservations@greenbrier.com) for spa appointments.
The Greenbrier Teen Facial
With the knowledge that teen skin can be unpredictable, our skin care experts will conduct a skin analysis and create a facial that is perfect for your teen’s skin. We will cleanse and exfoliate according to the specific needs of the skin, while offering the same relaxing experience of our adult services. We will also offer suggestions and recommendations for the perfect home skin care routine. This facial is recommended for guests 12 to 16 years of age.

50 minutes | $255

Junior Royalty Package
Treat your young guest to services designed especially for their needs. Let your future spa-goer enjoy any individual or combination of services in the Greenbrier Spa. This service is recommended for girls and boys ages 6 to 12.

Junior Royalty Manicure | 25 minutes | $75
Junior Royalty Pedicure | 25 minutes | $85
Junior Royalty Facial | 25 minutes | $100
Junior Royalty Mani/Pedi Combo | 50 minutes | $150
Junior Royalty Mani/Pedi/Facial Combo | 50 minutes | $245

Please note: Guests under the age of 16 must be accompanied by an adult in the Spa Relaxation Area.

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Please call (855) 453-4858, option 5, extension 7745 or Email (spa_reservations@greenbrier.com) for spa appointments.
Meditation & Healing

OFFERINGS

Personal Journey
This energy healing session can help you let go of fear, anxiety, worry, doubt, anger, grief, insecurity, guilt, shame and attachment. As the causes of suffering dissolve, more joy, peace and empowerment will be available to you. Your body may also have more resources to heal itself.

Not diagnostic.

Chakra Balancing
Chakras are energy centers in the body. Negative experiences can impact the flow of energy in each chakra for days or for decades, resulting in fear-based limited thinking and/or physical pain. This energy healing session balances the chakras to support emotional freedom and physical healing.

Not diagnostic.

Guided Meditation
Use meditation to help connect you more deeply to your inner wisdom, change your response to stress, support emotional and physical healing, relax or sleep. You'll be guided in a customized practice specific to your needs. You do not have to be able to sit on the floor or clear your mind of thoughts.

50 minutes  |  $225
80 minutes  |  $275

*Plus Historic Preservation Fund and applicable taxes.

Couples, group or corporate sessions may be available for an additional fee.

All services are subject to 6% WV State Sales Tax, 9.75% Historic Preservation Fund & 20% Service Charge.

Please call (855) 453-4858, option 5, extension 7745 or Email (spa_reservations@greenbrier.com) for spa appointments.
Meditation & Healing
OFFERINGS

Personal Journey
This energy healing session can help you let go of fear, anxiety, worry, doubt, anger, grief, insecurity, guilt, shame and attachment. As the causes of suffering dissolve, more joy, peace and empowerment will be available to you. Your body may also have more resources to heal itself. *Not diagnostic.*

Chakra Balancing
Chakras are energy centers in the body. Negative experiences can impact the flow of energy in each chakra for days or for decades, resulting in fear-based limited thinking and/or physical pain. This energy healing session balances the chakras to support emotional freedom and physical healing. *Not diagnostic.*

Guided Meditation
Use meditation to help connect you more deeply to your inner wisdom, change your response to stress, support emotional and physical healing, relax or sleep. You’ll be guided in a customized practice specific to your needs. You do not have to be able to sit on the floor or clear your mind of thoughts.

50 minutes | $225  80 minutes | $275
*Plus Historic Preservation Fund and applicable taxes.

*Couples, group or corporate sessions may be available for an additional fee.*

*All services are subject to 6% WV State Sales Tax, 9.75% Historic Preservation Fund & 20% Service Charge.
Please call (855) 453-4858, option 5, extension 7745 or Email (spa_reservations@greenbrier.com) for spa appointments.
Next Generation

The Greenbrier Teen Facial

With the knowledge that teen skin can be unpredictable, our skin care experts will conduct a skin analysis and create a facial that is perfect for your teen's skin. We will cleanse and exfoliate according to the specific needs of the skin, while offering the same relaxing experience of our adult services. We will also offer suggestions and recommendations for the perfect home skin care routine. This facial is recommended for guests 12 to 16 years of age.

50 minutes  |  $25

Junior Royalty Package

Treat your young guest to services designed especially for their needs. Let your future spa-goer enjoy any individual or combination of services in the Greenbrier Spa. This service is recommended for girls and boys ages 6 to 12.

Junior Royalty Manicure |  25 minutes |  $17

Junior Royalty Pedicure  |  25 minutes  |  $18

Junior Royalty Facial  |  25 minutes  |  $100

Junior Royalty Mani/Pedi Combo  |  50 minutes  |  $150

Junior Royalty Mani/Pedi/Facial Combo  |  50 minutes  |  $245

Please note: Guests under the age of 16 must be accompanied by an adult in the Spa Relaxation Area.

*All services are subject to 6% WV State Sales Tax, 9.75% Historic Preservation Fund & 20% Service Charge.

Please call (855) 453-4858, option 5, extension 7745 or E mail (spa_reservations@greenbrier.com) for spa appointments.
Hand & Foot Treatments

Greenbrier Signature Manicure and Pedicure Experience

Pamper yourself! This service is much more than a traditional manicure or pedicure. Your hands and feet will receive the attention they deserve in the tranquility of The Spa! Normal nail maintenance and polish application are included. It will be the most relaxing 50 minutes of your day.

<table>
<thead>
<tr>
<th>Service</th>
<th>Time</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Manicure</td>
<td>50 min</td>
<td>$95</td>
</tr>
<tr>
<td>Pedicure</td>
<td>50 min</td>
<td>$115</td>
</tr>
</tbody>
</table>

The Ultimate Greenbrier Pedicure

This is a pedicure one must experience to believe! Your choice of a heated or cool stone leg massage makes this service a personalized treatment you will not soon forget. Imagine a wonderfully relaxing pedicure made even greater by the stone massage and paraffin application. Normal nail maintenance and polish application are included.

<table>
<thead>
<tr>
<th>Service</th>
<th>Time</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pedicure</td>
<td>80 min</td>
<td>$150</td>
</tr>
</tbody>
</table>

Nails For Males Experience

A full-service manicure or pedicure is available to address the unique needs of a man's hands and feet. The products used in this treatment alleviate dryness and discomfort, while warm paraffin provides ultra-softening and smoothness. This service includes a buff and shine of the nails for a perfect finish.

<table>
<thead>
<tr>
<th>Service</th>
<th>Time</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Manicure</td>
<td>50 min</td>
<td>$90</td>
</tr>
<tr>
<td>Pedicure</td>
<td>50 min</td>
<td>$110</td>
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</tbody>
</table>

French Finish

French Finish may be added to any nail service. Additional service time is required.

<table>
<thead>
<tr>
<th>Service</th>
<th>Time</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>French Finish</td>
<td>20 min</td>
<td>$35</td>
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</table>

Gel Polish or Shellac Polish Removal

We will be happy to remove previously applied gel or shellac nail polish. Nails must be soaked to remove all traces prior to receiving a manicure or pedicure. Additional time is required.

<table>
<thead>
<tr>
<th>Service</th>
<th>Time</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Polish Removal</td>
<td>25 min</td>
<td>$35</td>
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</tbody>
</table>

The Greenbrier Spa offers manicures and pedicures like no other. We use a vegan polish which nourishes nails while adding strength and shine.

*All services are subject to 6% WV State Sales Tax, 9.75% Historic Preservation Fund & 20% Service Charge.

Please call (855) 453-4858, option 5, extension 7745 or email (spa_reservations@greenbrier.com) for spa appointments.
To make your appointment, please call 855.419.3400
Facials

Pinnacle Facial
Our ultimate relaxing, anti-aging treatment will leave you wondering if you had a facial or a facelift. Customized for your skin type, this deep-cleansing facial lifts, hydrates and revives your tired skin for a more youthful and refined appearance. Cutting edge technology, combined with a plant stem cell serum and replenishing mask will soothe and hydrate your face, while a warm stone arm massage soothes your soul. The grand finale — a firming mask and lip plumper — will leave you feeling, and looking, your best.

80 minutes  |  $40

Obagi MD Facial
Experience the new Skintrinsiq by Obagi. This device uses state-of-the-art technology, blue and red light therapy, infused with the highest grade ingredients of the Obagi's skincare products, to combat an array of skin concerns. The new skincare device features four treatments — Antioxidant Facial, Brightening Facial, Clarifying Facial and Firming Facial — to promote deep skin cleansing and collagen stimulation on the face and neck with no downtime.

50 minutes  |  $330

Cellular Repair Facial
This facial utilizes a patented process of four powerful anti-aging peptides that reduce deep wrinkles and fine lines. The double exfoliation process used in this facial deeply cleanses while improving the overall texture and radiance of the skin. The active ingredients in our Enzyme Lifting Mask will firm and tighten your skin.

50 minutes  |  $280

Greenbrier Radiance Custom Facial
Allow our skin care experts to choose the products suited for your skin during this 50-minute service. Deep cleansing, light exfoliating and hydrating are the basics with extractions and extra attention where needed to purify and rejuvenate your skin.

50 Minutes  |  $255

Men's Facial
Finally, a facial designed using products to specifically address the skin of a real man. Gentle cleansing and exfoliation prepare the skin for a hydrating mask and soothing facial massage. Relax and be rejuvenated in one indulgent treatment.

50 Minutes  |  $240

Obagi Blue Peel RADIANCE
This offers a unique blend of acids to provide a gentle but effective peel, resulting in brighter, tighter-looking skin immediately just after one use with little or no downtime. We recommend 24-48 hours of no retinol. Follow with using Obagi Nu-Derm Skincare. We recommend using Obagi Sun Shield Mineral Broad Spectrum SFP50 after any treatment.

|  $120

Firming Mask
Add an enzyme-lifting mask to your 50-minute facial. This mask gives noticeable lift to the skin, also minimizing fine lines.

20 minutes  |  $80
BODY TREATMENTS

CoolSculpting®
Eliminate stubborn fat that resists diet and exercise. FDA approved, non-surgical CoolSculpting® safely delivers precisely controlled cooling to gently and effectively target fat cells. Long term results with no downtime.

Price Quoted Following Consultation

LASER TREATMENTS

Enhanced Skin Rejuvenation
IPL (intense pulse lighting vascular skin reguvinative) to correct skin irregularities and encourage new collagen growth without damaging or removing skin.

Prices Quoted Following Consultation

Hair Reduction
Aggressive laser service to achieve permanent and effective reduction of most hair colors on all skin types.

Prices Vary

Sublative Skin Rejuvenation
Radio frequency sublative treatment to restore the skin’s beauty by promoting skin tightening to treat moderate to severe wrinkles, red and brown spots, and textural irregularities.

$700 per session

INJECTABLES

BOTOX COSMETIC®
Only BOTOX® Cosmetic is FDA-approved to temporarily make moderate to severe frown lines, crow’s feet, and forehead lines look better in adults.

$15 ~ per unit

JUVÉDERM® (JUVÉDERM® ULTRA PLUS, VOLLURE, VOLBELLA)
Injectable gel that restores skin volume and corrects moderate to severe facial wrinkles and folds

Starting at $700 ~ 1st syringe

JUVÉDERM VOLUMA® XC
Injectable gel that instantly adds volume and restores contour to the cheeks to provide a more youthful profile.

Starting at $900 ~ 1st syringe

KYBELLA®
The first and only FDA-approved injection to contour and improve the appearance of submental fullness, also referred to as “double chin”

Starting at $350 per syringe
Mother To Be Services

Prenatal Massage

Designed with the mother to be in mind, this 50-minute massage embodies specific techniques that are centered around the comfort of expectant mothers in their second and third trimesters, as well as the safety of both mother and baby. Light to medium pressure will be used during this service, assisting with relieving tension, muscle pain, and stress. Please inform us of your due date at time of reservation.

50 minutes  |  $2

The Greenbrier Sulphur Soak

For nearly 250 years, travelers have come to White Sulphur Springs to "take the waters," the heart and soul of The Greenbrier Spa experience. Immerse yourself in a relaxing soak in a still water tub in your own private soaking room; this soak will ease tired muscles and minimize aches and pains while stimulating the circulatory system.

25 minutes  |  $110

Ayurvedic Head Massage

Utilizing frankincense aromatherapy and an ancient healing ritual, this head massage will transport you to a more peaceful state of mind. An increase in oxygen and blood supply are the benefits of this experience.

25 Minutes  |  $150

Greenbrier Radiance Custom Facial

Allow our skin care experts to choose the products suited for your skin during this 50-minute service. Deep cleansing, light exfoliating and hydrating are the basics with extractions and extra attention where needed to purify and rejuvenate your skin.

50 Minutes  |  $255

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Manicure  |  50 minutes  |  $95
Pedicure  |  50 minutes  |  $115

Treat yourself to one of our services specifically for the "mother to be." In order to receive these services, you must be at least in your 14th week of pregnancy and present a Doctor’s release prior to the service.
SKIN TREATMENTS

**Dermapen® (Microneedling)**
Skin needling therapy to improve aged and sagging skin; fine lines and wrinkles; vertical lip lines; enlarged pores; stretch marks; scars caused from acne, surgeries, and burns; alopecia; and more.

$350 per session

**Dermaplaning®**
A method of exfoliation that consists of using a scalpel to gently scrape off the top layer of dulling dead skin cells in order to reveal a smoother, brighter complexion. Removes “peach fuzz” on the face

$125

**Enzyme Mask**
A gentle exfoliation of dead skin cells on the face, resulting in a smooth, radiant appearance.

$75

**Medical-Grade Chemical Peel**
Chemical solution removing damaged skin layers from the face to improve facial blemishes, fine wrinkles, and uneven skin pigmentation.

Starting at $175

**Medical-Grade Microdermabrasion**
Noninvasive, non-chemical skin resurfacing technique reducing fine lines, age spots, and light acne scars. A spray of micro-crystals or baking soda gently removes the outermost layer of dry skin cells to reveal younger, healthier looking skin.

$150

**Nano-needling**
An effective, pain-free cosmetic treatment to reduce fine lines, acne scars, and enlarged pores by improving the overall skin tone and texture and stimulating the production of collagen.

$225

PRESCRIPTIVE SKINCARE PRODUCTS

Obagi Medical Skin Line Products
<table>
<thead>
<tr>
<th>Massage Type</th>
<th>Time Options</th>
<th>Prices</th>
</tr>
</thead>
<tbody>
<tr>
<td>Greenbrier Swedish Massage</td>
<td>50 minutes</td>
<td>$295</td>
</tr>
<tr>
<td></td>
<td>80 minutes</td>
<td>$345</td>
</tr>
<tr>
<td>Therapeutic Massage</td>
<td>50 minutes</td>
<td>$285</td>
</tr>
<tr>
<td></td>
<td>80 minutes</td>
<td>$335</td>
</tr>
<tr>
<td>Mountain Hot Stone Massage</td>
<td>50 minutes</td>
<td>$265</td>
</tr>
<tr>
<td></td>
<td>80 minutes</td>
<td>$315</td>
</tr>
<tr>
<td>Aromatherapy Massage</td>
<td>50 minutes</td>
<td>$285</td>
</tr>
<tr>
<td></td>
<td>80 minutes</td>
<td>$335</td>
</tr>
<tr>
<td>Couples Massage</td>
<td>50 minutes</td>
<td>$495</td>
</tr>
<tr>
<td></td>
<td>80 minutes</td>
<td>$545</td>
</tr>
<tr>
<td>Back, Neck &amp; Shoulder or Petite Massage</td>
<td>25 minutes</td>
<td>$125</td>
</tr>
<tr>
<td>Ayurvedic Head Massage</td>
<td>25 minutes</td>
<td>$125</td>
</tr>
<tr>
<td>Integrated Reflexology</td>
<td>25 minutes</td>
<td>$125</td>
</tr>
</tbody>
</table>
Step back with us into a simpler time, when the relaxed tradition of afternoon tea was an everyday activity. Your journey begins with a soak in our famous sulphur water. You will then be whisked into softness with our sweet tea sugar polish, infused with notes of ginger and peach. This treatment concludes with a shea butter body massage, leaving you with peaceful memories of summertime in the south.

80 Minutes  |  $305

Rejuvenation Wrap

Find the new you (or the old you) with our very own rejuvenation wrap! Begin your getaway with a dry body brushing technique used to open the pores and stimulate the lymphatic system. You will then be enveloped in a toning wrap to help awaken the skin, while you receive a relaxing scalp massage. As a finishing touch, your skin will be soft and supple following the application of an anti-aging lotion.

50 minutes  |  $255

Springhouse Sugar Scrub

Scrub away your cares and soften your skin with this amazing body scrub. A luxurious bath is followed by a lavish body scrub, using organic cane sugar enveloped in a creamy blend of exotic and aromatic shea butter. The service concludes with a relaxing Vichy shower that will leave your skin polished and enriched.

50 Minutes  |  $235

Detoxifying Wrap

Revitalize your skin and body with this fantastic treatment. Begin with dry body brushing to open the pores and stimulate the lymphatic system. Then prepare for the detoxification process. A self-heating oceanic algae is applied to continue drawing out impurities. A relaxing scalp massage and a lotion application are the finishing touches.

50 minutes  |  $255

Body Bronzing Treatment

Treat yourself to that Hollywood glow with our Eco-Cert spray tan, used on the sets of your favorite television shows. Get that straight from the beach look any time of year with this quick drying natural looking tan suitable for all skin types.

20 minutes

- Full Body Spray Tan  |  $95
- Shimmer/ Instant Bronze  |  $95

Bora Bora Body Polish with Spray Tan

Extend the life of your tan with our Bora Bora citrus body polish, lotion application and Eco-Cert spray tan. This exfoliating and hydrating body treatment will prepare the skin to ensure even application and prolong the life of your tan. This service is highly recommended for the first tanning treatment.

50 Minutes  |  $220
Blowout Bar

THE GREENBRIER
Includes shampoo and traditional round brush blowout.
Smooth finish with body – $80

THE SPRINGHOUSE
Includes shampoo and blowout for volume, finished with curls.
Wand or curling iron – $95

THE WINDSOR
Includes shampoo and traditional blowout.
For extensions - $110 | Add curl – ext. $20

THE JUSTICE
Includes shampoo and traditional blowout.
Pulled into a sleek ponytail – $80

THE DOROTHY DRAPER
Includes shampoo and traditional blowout.
Finished with curling iron set or roller set – $80

*Extra charge for long hair – $20
Includes complimentary glass of champagne or wine during service.

To make your appointment, please call 304.536.7789.

All services are subject to 6% WV State Sales Tax,
9.75% Historic Preservation Fund & 20% Service Charge.
Hair Services

Women’s Haircut
Includes Shampoo & Finish

Stylist .................................................................................................................. $100

Men’s Haircut
Includes Shampoo & Finish

Stylist .................................................................................................................. $65

Children under 12 Haircut
Includes Shampoo & Finish

Starting at $55

Treatments

Brazilian Blowout ................................................................................................. $150 (per hour)
Brazillian Split-End Repair .................................................................................. $95

To make your appointment, please call 304.536.7789.

All services are subject to 6% WV State Sales Tax,
9.75% Historic Preservation Fund & 20% Service Charge.
Color Services

Color
Finish not included

Single Process Color ............................................ $135
Corrective Color .......... starting at $200
(per hour)
Extra Applications ............................................ $35
(per application)
Foil Partial Head ............................................ $195
Balayage Half Head ... starting at $195 Balayage
Foil Full Head ................................................ $275
Full Head ... starting at $275

Includes complimentary glass of champagne or wine during service

Eyelash & Makeup Services

Makeup Application ........................................................................................................ $115
Air Brush Makeup ........................................................................................................ $130
Eyelash Strip Application ................................................................. with makeup $25
without makeup $40

To make your appointment, please call 304.536.7789.

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9.75% Historic Preservation Fund & 20% Service Charge.
Rejuvenation Kur

Everyday living takes its toll on our bodies, and this treatment makes it possible to reclaim much-needed serenity and energy. Start your experience with a soak in our mineral water, followed by an application of our firming and toning wrap. You will be enveloped from head to toe while enjoying a luxurious scalp massage. An anti-aging lotion application leaves your skin soft and supple, ready for another day.

80 Minutes  |  $310 (with 50-minute wrap)

The Mint Julep Body Bliss

Enjoy the Spa version of The Greenbrier’s own Mint Julep. Begin by surrendering to our healing sulphur water, followed by a luxurious brown sugar scrub - utilizing our vichey showers; giving you the sensation of lying in a soft rain. This treatment concludes with a relaxing petite massage with a hydrating mint body lotion.

80 Minutes  |  $305

Reflex Trio

This service begins with a tranquil sulphur bath and continues in the treatment room, where the focus is on the pressure points of the head, hands and feet. Warm stones are used to warm the hands and feet in order to make the points more accessible.

50 Minutes  |  $260

Golfer’s Game Saver

If you have an active lifestyle, this treatment is for you! Begin with a soak in the famous Greenbrier sulphur water, followed by the Swiss Shower and Scotch Spray. A concentrated massage targeted to your back, neck, shoulders and arms follows. Heat packs may be used for better muscle therapy.

50 minutes  |  $260

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The Greenbrier Treatment

Experience The Greenbrier Spa in the truest sense of the word. This treatment begins with a soak in the famous healing waters of our White Sulphur Springs, followed by a few moments in our Swiss Shower and Scotch Spray. This will break up toxins and cellular blockage, which will prepare your body for either a 25-minute or 50-minute Swedish massage that is a spectacular finale to this luxurious treatment.

- 50 minutes  |  $280 (with 25-minute massage)
- 80 minutes  |  $345 (with 50-minute massage)
- 110 minutes  |  $440 (with 80-minute massage)

Wei to Wellness

Enjoy an aromatic journey with this exotic flower essence treatment from Lotus Wei (pronounced way). In this all-in-one treatment, flower remedies are used to help balance the mind, body and spirit. Begin with a 25-minute soak in our famous Greenbrier sulphur water infused with nurturing and centering botanicals chosen specifically for your current needs. Enjoy a 50- or 80-minute massage using luscious organic oils to help enhance love, happiness, inspiration and peace. All products used in this treatment are also anti-aging and anti-cellulite to help you on your Wei to Wellness.

- 80 minutes  |  $360 (with 50-minute massage)
- 110 minutes  |  $440 (with 80-minute massage)

The Detoxifying Kur

Embark on a journey to a healthier you! This treatment removes impurities and toxins from your body and relaxes the mind. Begin with a detoxifying bath followed by our Swiss Shower and Scotch Spray. Afterwards, find yourself cocooned in a self-heating oceanic algae wrap applied to the body to continue the detoxification process. Enjoy a relaxing scalp massage and a lotion application to complete the treatment. Be sure to rehydrate following this service.

- 80 Minutes  |  $310 (with 50-minute wrap)

Bridal Services

The Greenbrier took a vow long ago to treat each and every wedding held here as if it were our own. To see into the heart of each bride and groom and bring their vision to life with customized experiences for each bride and wedding party.

Bridal Makeup ................................................................. starting at $115
Air Brush Makeup ................................................................. $130
Eyelash Strip Application ................................................... with makeup $25
without makeup $40
Bridal Hair Styling ........................................................... Starting at $175
Bridesmaid Hair Styling .......................................................... $150

To make your appointment, please call 304.536.7789.

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Little Princess Services

Your little princess will be delighted with our Princess Grace Services designed for children 12 years of age and younger.

<table>
<thead>
<tr>
<th>Service</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>Haircut</td>
<td>$55</td>
</tr>
<tr>
<td>Blow-Dry &amp; Styling</td>
<td>$65</td>
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<tr>
<td>Up-Do</td>
<td>$65</td>
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<tr>
<td>Little Princess Mini Makeup</td>
<td>$30</td>
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<tr>
<td>Up-Do &amp; Mini Makeup</td>
<td>$95</td>
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<tr>
<td>Princess Crown</td>
<td>$35</td>
</tr>
<tr>
<td>Mini-Mani Polish</td>
<td>$30</td>
</tr>
</tbody>
</table>

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We offer assorted fruit, snacks, juice, water and peach tea for your enjoyment in the Spa. Food is available from the In-Room Dining menu to be delivered to and consumed in the Indoor Pool area.

Alcohol & Spa Services
For safety reasons, alcohol is not served in our Spa. We do not recommend consumption of alcohol before or after any spa/salon service. The Spa reserves the right to reschedule or cancel services for those who appear to be intoxicated.

Considerations
In order to preserve our peaceful and tranquil atmosphere, we ask that you leave all electronic devices in the provided locker. We are a smoke-free environment.

Gratuities
For your convenience, a 20% service charge will be added to all Spa services.

Facility Tours
To ensure the privacy of our guests, we would be delighted to give you a tour of our facility prior to opening or upon conclusion of services daily. Tours must be arranged in advance. Please call (855) 453-4858, option 5, extension 7745 or Email (spa_reservations@greenbrier.com) for spa appointments.

Cancellation Notice
A 24-hour notice is requested to avoid charges for cancelled services. Packages are non-refundable.

Spa Boutique
Now you can re-create your Spa experience right at home. Upon completion of your treatment, our Spa Therapists will share with you information on the products used. Many of these products are available for purchase at our Spa Boutique.

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Scheduling Appointments

We strongly recommend that you reserve your Spa appointments at the time of booking your hotel reservation. When scheduling your appointments, please mention if you have a strong preference for the gender of your provider. We will make every effort to honor your request, based on staff availability. Call 866-311-4163 to make a reservation or dial 7745 inside the resort.

Age Requirements

In order to experience any body treatments, massages or hydrotherapy, we require our guests to be a minimum of 16 years old. Younger guests (6-15) are welcome to enjoy our Next Generation facial and nail services. All guests under the age of 16 must be accompanied by an adult in the Relaxation Area. The Greenbrier Concierge is available to assist with child care for those younger than 6 years of age. Our Spa Team is not able to assist with in-Spa childcare.

Arrival to the Spa

To maximize your experience, please arrive 20 to 30 minutes prior to your first scheduled appointment. Take that time to relax and enjoy your surroundings. Late arrivals will not receive an extension of scheduled treatments, and the same treatment price will apply. It is suggested that you have a light meal or snack prior to most Spa services.

Medical Concerns

We encourage you to disclose to your therapist any pertinent health conditions that may affect your Spa experience. For individuals expecting, we require a doctor’s authorization prior to massage and body services.

Spa Attire

Complimentary use of robes, slippers and lockers is provided for all Spa guests during their time at the Spa. Our treatment staff is professionally trained in proper draping to ensure your modesty is never compromised.

Steam and Sauna

Use of the steam and sauna facilities is complimentary with your Spa service on the day of your service. The Greenbrier Spa offers a steam room, sauna and lounge area that are gender specific. Daily access passes may be purchased. This does not include hydrotherapy services.

Important Spa Information
We look forward to pampering you in true Greenbrier style.